

H4RT - The High-volume Haemodiafiltration vs High-flux Haemodialysis Registry Trial

Issue 6 Patient Newsletter 2024

Welcome to the sixth annual H4RT patient newsletter!

With just over a year until we start to see the results of H4RT, it is great to be working with the kidney patients on our patient advisory group to prepare for task of interpreting and explaining the results of the trial. At the last on-line meeting the statisticians gave a talk explaining some of the principles behind the analyses they will be doing. Next, we plan to take a published research paper and use that as an illustration for what the H4RT paper will look like. Hopefully this preparation will mean they will have the confidence to ask important questions once the results are in!

Patient involvement not only makes research activity more transparent and accountable, it ensures the research addresses the topics that are most important to patients and that the results are shared with patients. What patients bring is their experience of living with kidney disease, so anyone can get involved. It will show you a whole other side to your kidney care. Interested? Ask your local doctors or nurses if there are any studies going on in your area you could get involved in!

Thank
You

Professor Fergus Caskey

Chief Investigator of H4RT
Consultant Nephrologist North Bristol NHS Trust



Kristian Law - Patient Advisory Group (PAG) member and Chair

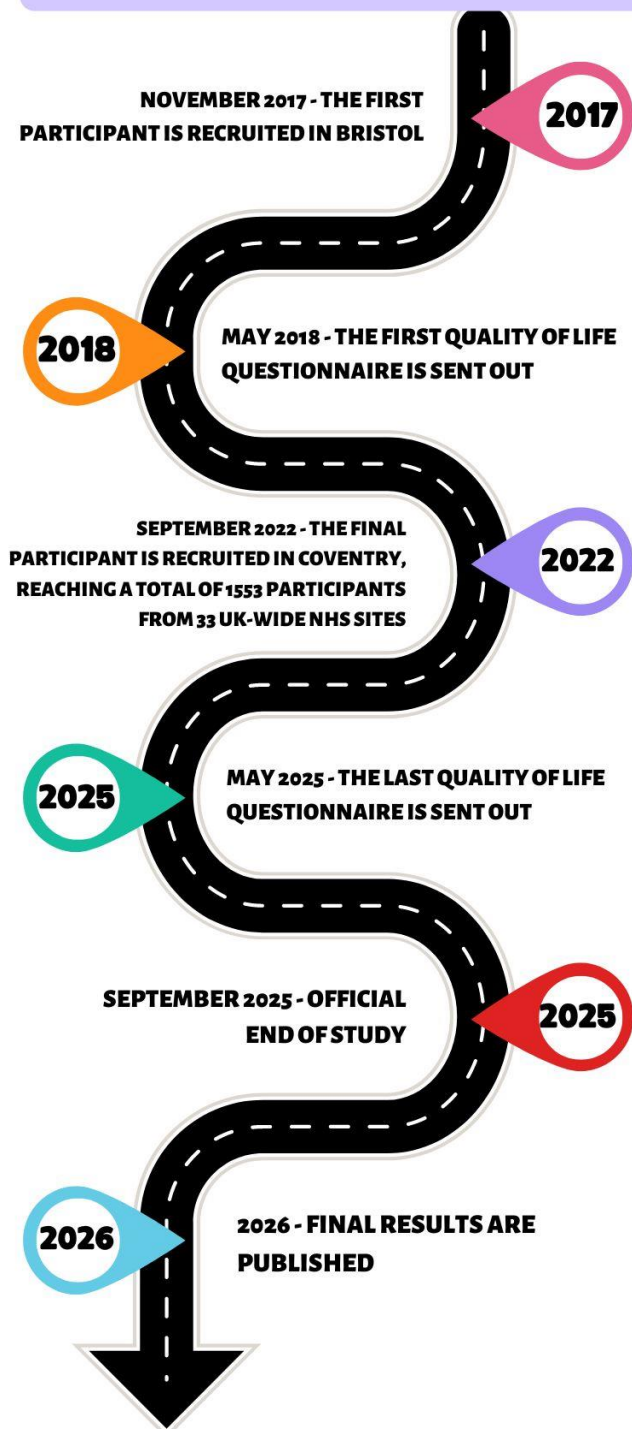
H4RT is a long research trial, starting in 2017 and due to end in September 2025, making it 101 months from start to finish. I have found being involved in and chairing the PAG for the H4RT trial a pleasure and a privilege. As renal patients ourselves, the PAG members understand how important trials are to potentially help improve patient outcomes which is why we gladly volunteer for these roles. What is striking when you get involved in a trial like this is the care and attention paid by all involved to ensure the trial is run safely and properly, and why PAG is involved in the first place - which is to ensure that the patient is at the centre of the trial.

Involving the PAG members in all the different phases of the trial has been critical because we help to ensure the patient voice is always considered.



From a set up and recruitment perspective, we were able to see the communications that were going to go to the patients. As the PAG is a diverse group, we have been able to help consider the different ways patients might like to be contacted and how, especially when it comes to successful completion of follow-up questionnaires. As the trial nears its end, we will also be able to assist in trying to understand the results from a patient perspective and what they mean going forward.

THE TIMELINE OF H4RT



H4RT Trial team

Thank you to all our patients across the UK. We completed recruitment in September 2022 and are now in follow-up where we send a patient questionnaire every year until May 2025. We are grateful to you for each one that you complete. We realise that it takes time however it's important to know how you are feeling. Your journey and experiences in the study matter to us and the questionnaires give us that vital information.

Please note:

1. If you wish to change from **paper to on-line** questionnaires, please contact the study team.
2. We may **TEXT** you to remind you that your questionnaire is on the way
3. All information we collect will be kept **Strictly Confidential**.

CONTACT US:

If you have any questions, or if your contact details have changed, please contact us on:

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